

CITY OF LOMITA

PARKS & RECREATION DEPARTMENT

24428 Eshelman Avenue, Lomita, CA 90717

310.326.0140

2010

At the Park

Fall Recreational & Leisure Activities

✪ Providing quality programs for the entire family ✪

Please visit our website at:

www.lomita.com/cityhall

Volleyball

Football

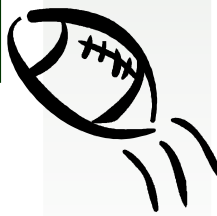
Martial Arts

Dance

Golf

Tennis

*HALLOWEEN
PROGRAM
WILL BE
HELD 10/28/10
Info Inside*



Football
Dancing
Golf
Tennis
Martial Arts
Volleyball
Baseball
Softball
Soccer
Basketball
Hockey
Ice Skating
Figure Skating
Swimming
Water Skiing
Canoeing
Kayaking
Fishing
Hunting
Archery
Horseback Riding
Cycling
Golf
Tennis
Volleyball
Baseball
Softball
Soccer
Basketball
Hockey
Ice Skating
Figure Skating
Swimming
Water Skiing
Canoeing
Kayaking
Fishing
Hunting
Archery
Horseback Riding
Cycling

Youth Team Sports Programs

REGISTRATION

- Lomita resident registration for the fall season will begin: **Wednesday September 1st at 12:00 pm.**
- Residents must provide current and valid proof of Lomita residency when registering.
- Non-Lomita resident registration will begin: **Tuesday September 7th at 12:00 pm.**
- Priority registration numbers will be distributed on September 1st and September 7th at 8:30 am.

COED YOUTH VOLLEYBALL

Age: 6-14 years old
(Age on September 10, 2010 determines playing division)
Season: September 10-November 20
Fee: Residents: \$30.00; Non Residents: \$45.00
Location: Lomita Park Gymnasium
Coaching Staff: Park Recreation Staff
Notes: All players receive uniform t-shirt

Divisions, Ages and Evaluation Dates:

Division 1: 12-14 years old:
Evaluations: Saturday September 11 at 10:00am
Division 2: 9-11 years old:
Evaluations: Saturday September 11 at 12:00pm
Division 3: 6-8 years old:
Evaluations: Saturday September 11 at 2:30pm

BOYS FLAG FOOTBALL

Age: 6-14 years old
(Age on September 10, 2010 determines playing division)
Season: September 10-November 20
Fee: Residents: \$30.00; Non Residents: \$45.00
Location: Lomita Park Athletic Fields
Coaching Staff: Park Recreation Staff
Notes: All players receive uniform t-shirt

Divisions, Ages and Evaluation Dates:

Division 1: 12-14 years old:
Evaluations: Friday September 10 at 6:30pm
Division 2: 9-11 years old:
Evaluations: Friday September 10 at 4:00pm
Division 3: 6-8 years old:
Evaluations: Saturday September 11 at 9:00am

Youth Golf & Tennis

YOUTH TENNIS

Instructor: Ron Saldana
Location: Park Tennis Courts
Notes: Participants must bring a tennis racket and a new tube of tennis balls.

Course #: 9000.01
Age: 5-7 years old
Day/Dates: M, 10/25-11/29
Time: 5:00pm-5:55pm
Fee: \$60 Res./\$65 Non-Res.

Course #: 9000.02
Age: 8-10 years old
Day/Dates: M, 10/25-11/29
Time: 6:00pm-6:55pm
Fee: \$60 Res./\$65 Non-Res.

Course #: 9000.03
Age: 11-13 years old
Day/Dates: M, 10/22-11/29
Time: 7:00pm-7:55pm
Fee: \$60 Res./\$65 Non-Res.

JUNIOR GOLF

Instructor: Eric Manley and Southern Cal. Golf Staff
Location: Dominguez Golf Course
Notes: Use of equipment included. Call 310.719.1942 x211 for more information.

Course #: 9000.04
Age: 7-17 years old
Day/Dates: Sat, 9/18-11/6
Time: 2:00pm-3:00pm
Fee: \$60 Res./\$80 Non-Res.

Instructor: Total Golf Adventures Premier Junior Golf
Location: Lomita Park
Notes: A mobile course at the park. Learn all aspects of the game. Use of equipment included. Please call 310.333.0622 or check www.golftga.com for more information.

Course #: 9000.05
Age: 5-14 years old
Day/Dates: W, 9/29-11/17
Time: 4:30pm-5:30pm
Fee: \$40 Res./\$60 Non-Res.

Adult Sports

ADULT TENNIS

Instructor: Ron Saldana
Location: Park Tennis Courts
Notes: Participants must bring a tennis racket and a new tube of tennis balls.

Course #: 9000.06
Age: 14+ years old
Day/Dates: W, 10/27-12/1
Time: 7:00pm-7:55pm
Fee: \$60 Res./\$65 Non-Res.

WOMEN'S TENNIS

Instructor: Ron Saldana
Location: Park Tennis Courts
Notes: Participants must bring a tennis racket and a new tube of tennis balls. Racket loan available for first 5 registrants.

Course #: 9000.07
Age: 18+ years old
Day/Dates: Th, 10/28-12/9
Time: 11:00am-11:55am
Fee: \$60 Res./\$65 Non-Res.

ADULT GOLF

Instructor: Total Golf Adventures Adult Certified Golf Pros
Location: Lomita Park
Notes: Learn all aspects of the game. Use of equipment included. Call 310.333.0622 or go to www.golftga.com for more info.

Course #: 9000.08
Age: 15+ years old
Day/Dates: S, 10/2-11/20
Time: 9:00am-10:00am
Fee: \$90 Res./\$90 Non-Res.

ADULT BASKETBALL

Location: Park Gymnasium
Fee: \$325 Res./\$375 Non-Res. +\$25 per game official fee
Notes: Team registrations only. Men's Sun, M, W and Th leagues begin September 12-16.

ADULT SOCCER

Location: Belba Field
Fee: \$325 Res./\$375 Non-Res. +\$30 per game official fee
Notes: Team registrations only. Women's & men's leagues begin September 12-16. Contact Marc Fosnaugh at 310.326.0140 or at m.fosnaugh@lomitacity.com for more info.

Martial Arts

SOO BAHK DO (KOREAN KARATE)

General Notes: 1.) All classes are taught by Josh Duncan in the Lomita Park Community Building. 2.) All enrollees must obtain an enrollment slip from the instructor prior to registration. 3.) Contact Josh Duncan at 310.519.3245 to arrange an enrollment appointment.	LITTLE DRAGONS Age: 5-10 years old Fee: \$40 Res./\$45 Non-Res. Course #: 3123.45 Day/Dates: T, 9/7-10/26 Time: 5:00pm-5:45pm Course #: 3123.46 Day/Dates: T, 11/2-12/28 Time: 5:00pm-5:45pm	BEGINNING Age: 11+ years old Fee: \$60 Res./\$65 Non-Res. Course #: 3111.45 Day/Dates: T/Th, 9/2-10/28 Time: 6:00pm-7:00pm Course #: 3111.46 Day/Dates: T/Th, 11/2-12/30 Time: 6:00pm-7:00pm
	Age: 5-10 years old Fee: \$40 Res./\$45 Non-Res. Course #: 3125.45 Day/Dates: Th, 9/9-10/28 Time: 5:00pm-5:45pm Course #: 3125.46 Day/Dates: Th, 11/4-12/30 Time: 5:00pm-5:45pm	Age: 11+ years old Fee: \$60 Res./\$65 Non-Res. Course #: 3111.45 Day/Dates: T/Th, 9/2-10/28 Time: 6:00pm-7:00pm Course #: 3111.46 Day/Dates: T/Th, 11/2-12/30 Time: 6:00pm-7:00pm

For more information or a listing of advanced classes please see: www.lpsoobahkdo.com

Dog Obedience Training

LOMITA OBEDIENCE TRAINING CLUB, INC.

310.530.4814 www.lomitadogtraining.org

General Notes:

- 1.) All classes are taught by the Lomita Obedience Training Club staff.
- 2.) Dog owners are required to provide proof of shots at initial class meeting.
- 3.) For further information or questions regarding the following classes, please call the Lomita Obedience Training Club directly at **310.530.4814**.

TRICKS TO MUSIC

Instructor: Ethel Mercer
310.326.3266
Location: North Parking Lot
Notes: Teach your dog a variety of tricks and movements that can be performed to music.
Age: Call Instructor
Time: 8:45am-9:45am
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.12
Day/Dates: W, 10/20-11/17

BEGINNING OBEDIENCE

Instructor: Susan Mace
310.213.6612
Location: Tennis Court
Notes: Teaching practical obedience using humane methods to help create a well mannered dog.
Age: Dogs 5+ months
Time: 7:00pm-8:00pm
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.09
Day/Dates: T, 10/19-11/30

PUPPY AND MANNERS

Instructor: Ethel Mercer
310.326.3266
Location: Tennis Court
Notes: Intro to obedience socialization, responsible pet ownership, house-breaking and manners.
Age: Puppies 6 months & under
Time: 6:30pm-7:30pm
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.13
Day/Dates: W, 10/20-12/1

INTERMEDIATE OBEDIENCE

Instructor: Ethel Mercer
310.326.3266
Location: North Parking Lot
Notes: Basic obedience polished to a higher level. Games and simple agility.
Age: Completion of Beginning Obedience Class Required
Time: 7:00pm-8:00pm
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.10
Day/Dates: T, 10/19-11/30

CONFORMATION CLASS

Instructor: Gloria Henderson
310.831.8793
Location: North Parking Lot
Notes: Prepares handler and dog for conformation competition.
Age: Call Instructor
Time: 8:00pm-9:00pm
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.14
Day/Dates: W, Call Instructor

MANNERS AND OBEDIENCE

Instructor: Ethel Mercer
310.326.3266
Location: North Parking Lot
Notes: Getting started in Obedience and tricks. Using reinforcement and clicker.
Age: Dogs 5+ months
Time: 10:00am-11:00am
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.11
Day/Dates: W, 10/20-12/1

RALLY OBEDIENCE

Instructor: Stacy Holtz
310.323.3758
Location: North Parking Lot
Notes: A fun way to practice heeling skills while completing a rally course.
Age: Completion of Obedience
Time: 7:00pm-8:00pm
Fee: \$70 Res./\$70 Non-Res.
Course #: 9000.15
Day/Dates: F, 10/22-12/3

Gymnastics and Dance

GYMNASTICS (FLOOR)

Instructor: Michi Yamato
Location: South End Health Club
 2800 Skypark Drive
 Torrance, Ca 90505



Course#: 9000.16
Age: 3-5 years old
Day/Dates: T, 9/7-11/16
Time: 4:15pm-5:00pm
Fee: \$78 Res./\$78 Non-Res.

Course#: 9000.17
Age: 5-10 years old
Day/Dates: T, 9/7-11/16
Time: 5:00pm-5:45pm
Fee: \$78 Res./\$78 Non-Res.

Course#: 9000.18
Age: 9-12 years old
Day/Dates: F, 9/10-11/19
Time: 7:00pm-7:55pm
Fee: \$78 Res./\$78 Non-Res.

Program Note:

There will be no classes on
 10/12, 10/15, 10/19 and 10/22.



DANCE

COUNTRY WESTERN

Instructor: Roger Rod
Location: Community Building
Fee: \$50 Res./\$53 Non-Res.

Course #: 9000.19
Age: Adult
Day/Dates: M, 9/20-11/22
Time: 6:30pm-7:45pm

PRE-TAP

Instructor: Regine Costello
Location: Community Building
Fee: \$35 Res./\$40 Non-Res

Course #: 9000.20
Age: 2-4 years old
Day/Dates: W, 9/22-12/1
Time: 3:45pm-4:15pm

Course #: 9000.21
Age: 3-5 years old
Day/Dates: F, 9/24-12/3
Time: 3:00pm-3:30pm

PRE-BALLET

Instructor: Regine Costello
Location: Community Building
Fee: \$35 Res./\$40 Non-Res

Course #: 9000.23
Age: 2-4 years old
Day/Dates: W, 9/22-12/1
Time: 3:00pm-3:30pm

Course #: 9000.22
Age: 2-4 years old
Day/Dates: M, 9/20-11/29
Time: 3:45pm-4:15pm

Course #: 9000.24
Age: 3-5 years old
Day/Dates: F, 9/24-12/3
Time: 3:45pm-4:15pm

BALLET, TAP & TUMBLING

Instructor: Regine Costello
Location: Community Building
Fee: \$40 Res./\$45 Non-Res.

Course #: 9000.25
Age: 5-8 years old
Day/Dates: Sat, 9/25-12/4
Time: 9:00am-10:00am

BELLY DANCING

Instructor: Regine Costello
Location: Community Building

Course #: 9000.26
Age: 6-14 years old
Day/Dates: W, 9/22-12/1
Time: 5:30pm-6:20pm
Fee: \$40 Res./\$45 Non-Res.

Course #: 9000.27
Age: 15+ years old
Day/Dates: W, 9/22-12/1
Time: 6:30pm-7:30pm
Fee: \$45 Res./\$50 Non-Res.

MEXICAN FOLKLORICO (BEGINNING)

Instructor: Regine Costello
Location: Community Building
Fee: \$40 Res./\$45 Non-Res.
Notes: Must have prior experience

Course #: 9000.28
Age: 7+ years old
Day/Dates: Sat, 9/25-12/4
Time: 10:00am-11:00am

CHEERLEADING & POM

Instructor: Regine Costello
Location: Community Building
Fee: \$40 Res./\$45 Non-Res.

Course #: 9000.29
Age: 5-8 years old
Day/Dates: S, 9/25-12/4
Time: 11:00am-12:00pm

HIP HOP

Instructor: Regine Costello
Location: Community Building

Course #: 9000.31
Age: 3-5 years old
Day/Dates: W, 9/22-12/1
Time: 4:15pm-4:45pm
Fee: \$35 Res./\$40 Non-Res
Course #: 9000.32
Age: 6-10 years old
Day/Dates: W, 9/22-12/1
Time: 4:45pm-5:30pm
Fee: \$40 Res./\$45 Non-Res

Course #: 9000.30
Age: 3-5 years old
Day/Dates: M, 9/20-11/29
Time: 3:00pm-3:30pm
Fee: \$35 Res./\$40 Non-Res

HORIPRO MUSIC ACADEMY

Instructor: Natasha Suzuki
Location: HORIPRO ACADEMY
 24205 Narbonne Ave. #101
 Lomita, Ca 90717

Class: Parents + Me
Notes: For parents & kids. Learn music and choreography for family friendly songs.

Course #: 9000.32
Age: 2-4 years old
Day/Dates: S, TBA
Time: 9:30am-10:15am
Fee: \$110 Res./\$110 Non-Res

Class: Musical Standards
Notes: Focuses on the various styles of musical theatre & vocal technique.

Course #: 9000.33
Age: 5-12 years old
Day/Dates: S, TBA
Time: 10:15am-11:00am
Fee: \$110 Res./\$110 Non-Res

Class: Pop Standards
Notes: Focuses on the various styles of pop music & vocal technique.

Course #: 9000.34
Age: 5-12 years old
Day/Dates: S, TBA
Time: 11:00am-11:45am
Fee: \$110 Res./\$110 Non-Res

For more information call:
 310.534.0777

Special Events

Movie: Under the Stars City Hall Front Lawn

“Up”

August 27th @ 8:30pm

“The Princess
and the Frog”

September 24th @ 8pm

Movies are free. Bring a chair or blanket.

LA Dodger Game-Bus Trip

9/17/10-Bus departs Lomita Park at 5:45pm

Cost-\$20 Sign up at Lomita Park

Halloween at Lomita Park October 28th

The Lomita Park Staff will be hosting an evening of Halloween fun. The free program will be highlighted by the traditional costume parade, an array of exciting carnival games and a teen dance.

Costume Parade

For youth aged 2-12 on Belba Field at Lomita Park. Parade begins at 6:00pm.

Carnival Games

For youth aged 4-14 on the Lomita Park Outdoor Basketball Courts. Game booths will be open with prizes from 6pm-8pm.

Teen Dance

Lomita Park Community Building

7:15pm-9:00pm

Concert in the Park-FANTASTIC DIAMOND (Neil Diamond Tribute Band)

Friday October 8th - Lomita Park Softball Diamond Outfield Grass - 7pm - No Alcohol Allowed

Railroad Museum

Birthday Rentals

Book your child's birthday at the Lomita Railroad Museum. A unique opportunity and experience for everyone. The birthday package includes a visit to the museum for everyone in your party.

Lomita Railroad Museum
2137 W. 250th Street
310.326.6255

Contact Museum Manager Faith Bilyeu at f.bilyeu@lomitacity.com for additional information regarding these programs.

“All Aboard the Story Train”

Every Friday is story time at the Lomita Railroad Museum. Admission for children is free and \$4.00 for adults.



Pre-School and Toy Loan

FALL PROGRAM

REGISTRATION DAY:

August 23 and 30, 2010

Residents: 9:30am-10:30am

Non-Residents: 10:30am-12pm

Proof of Residency Required

Instructor: Raquel Temblador

Course: Pre-School Summer

Age: 4 years old by 12/2/10

Day/Dates: T & W, 9/21/10-1/25/11

Time: 9:30am-11:30am

Location: Community Building

Fee: TBD Res./\$TBD Non-Res.

The Toy Loan Program is a free service sponsored by the Los Angeles County Board of Supervisors and the Department of Public Social Services which allows our children to borrow toys from our Toy Loan Center in the same manner in which they borrow books from the public library.

EVERY THURSDAY

10:30AM-12:30PM

Lomita Park Recreation Office

All Pre-School Programs require mandatory parental participation. Please email r.temblador@lomitacity.com or call 310.326.0140 for details

Seniors

Lomita Goodtimers Senior Citizen Club

Meets every Thursday @ the Recreation Center Community Building.

Time: 10:30am-3:00pm

- Program is open to all Lomita resident senior citizens.
- Activities include bingo and raffles. Those interested are encouraged to drop-in on any Thursday to obtain program information.

Senior Exercise Classes

Class: Senior Aerobics

Location: Gymnasium

Notes: Participants may purchase required exercise band at 1st class for \$5

Age: Senior

Time: 9:30am-10:20am

Fee: \$6 Res./\$6 Non-Res.

Course #: **Day/Dates:** **Fee**

9000.40 T, 9/7-9/21 \$6

9000.41 T, 10/5-11/16 \$14

Class: Senior Muscle Strengthening

Location: Gymnasium

Notes: Participants can purchase required exercise band at 1st class for \$5

Age: Senior

Time: 9:30am-10:20am

Fee: \$6 Res./\$6 Non-Res.

Course #: **Day/Dates:** **Fee**

9000.42 Th, 9/9-9/23 \$6

9000.43 Th, 10/7-11/18 \$14

Teens

SOUTHERN CALIFORNIA TEEN COALITION ROCKTOBER EVENT-OCTOBER 15TH 5-10PM

additional information is available by emailing Emma Garcia at e.garcia@lomitacity.com

FOR MORE INFORMATION CALL 310.517.4666

City Officials and Staff

CITY COUNCIL

Don Suminaga, Mayor

Ken Blackwood, Mayor Pro-Tem

* Margaret Estrada * Jim Gazeley * Tim King

PARKS & RECREATION STAFF

Cindy Blount, Director (c.blount@lomitacity.com)
Helen Everett, Park Office Manager (h.everett@lomitacity.com)
Mike Sansbury, Field Operations Manager (m.sansbury@lomitacity.com)
Faith Bilyeu, Manager, Railroad Museum/Special Events (f.bilyeu@lomitacity.com)
Joseph Vida, Recreation Supervisor (j.vida@lomitacity.com)
Marc Fosnaugh, Assistant Recreation Supervisor (m.fosnaugh@lomitacity.com)
Emma Garcia, Recreation Coordinator (e.garcia@lomitacity.com)

PARKS & RECREATION COMMISSION

Sara Anderson Vilan, Chairperson
John Roehm, Vice-Chairperson
Candice Bergan
VJ Hirsch
Peter Montgomery

Recreation Facilities

LOMITA RECREATION CENTER

Located at 24428 Eshelman Avenue. The Recreation Center consists of playgrounds, tennis courts, picnic shelters, gymnasium, a community building and ball fields.

Staff Hours: M-F 9am-8:30pm(alternating Fri 11am-8:30pm)
Sat. 9:00am-6pm, Sun. 11:00am-5pm

Hours may vary on holidays, for special events and park programs.

OTHER FACILITIES

Hathaway Park: 25600 Pennsylvania Avenue
Metro Park: Oak Street Southern Terminus
Veterans Park: 25700 Walnut Avenue
Lomita Railroad Museum & Irene Lewis Park:
2137 W. 250th Street **310.326.6255**
Hours: Thursday-Sunday 10am-5:00pm

Lomita City Hall: 24300 Narbonne Avenue
310.325.7110

Program Registration Policies

REGISTRATION INFORMATION

- 1.) Fall registrations will begin on the following dates: Resident: **September 1st at 12:00pm**
Non-Resident: **September 7th at 12:00pm**
Priority registration numbers will be distributed on these days at 8:30 am.
- 2.) Registrations are taken in the order received.
- 3.) Registrations are not accepted by mail, unless otherwise noted.
- 4.) Proof of residency must be established at the time of registration. Lomita residents must supply one of the following documents: A.) California Driver License or Identification Card (state issued) B.) Current Utility Bill (less than 60 days old)
- 5.) Payment must be: Cash (exact amounts only), Personal Check, Cashiers Check, or Money Order (payable to the City of Lomita)
- 6.) Registrations Hours are: **Monday through Friday 12pm-8pm, Saturday 10am-2pm.**

REFUND POLICY

Refund forms can be obtained at the Recreation Center, faxed or emailed upon request. Written requests for refunds must be submitted one working day prior to the second scheduled class, game or practice. Refund requests received past this date will not be considered. A 20% administrative fee (not to exceed \$25 or to be less than \$3) will be applied.

PROGRAM POLICIES

- Participants are responsible for transportation to and from all program sites.
- Classes with insufficient number of enrollments may be cancelled. The full amount of fees will be refunded.